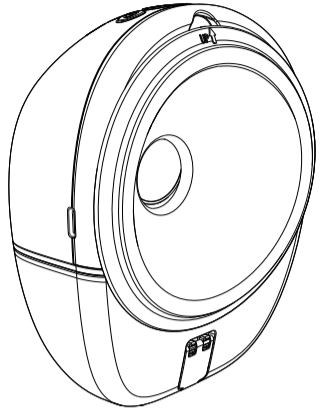


# CozyMum®

**Discret**

## WEARABLE BREAST PUMP



Designed By Mothers. For Mothers.

Congratulations on being a mother! If this is your first experience with a breast pump, it may take you some time to familiarise with its usage.

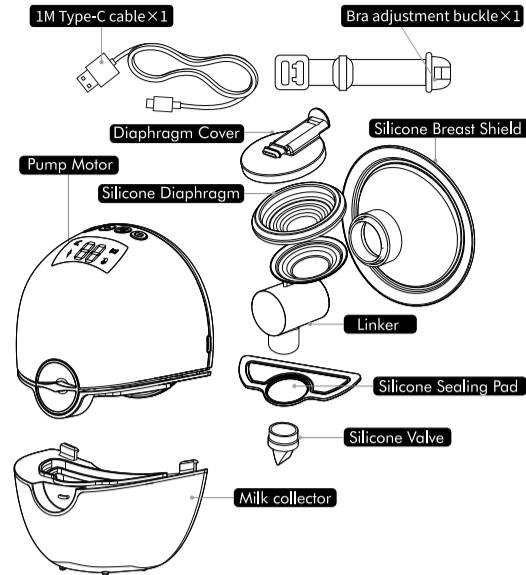
It is important for you to relax during the process even if you may not be able to express as much milk as you would like to at the start. Your body will adapt accordingly so that after several attempts, you will be able to express more milk.

### PLEASE READ BEFORE USE

- Please limit the usage to not more than 15 minutes at a time. It is perfectly normal when not much milk is expressed within this period at first but with regularly usage, your body will eventually adapt to produce more milk.
- Research have shown that to achieve optimum breast milk production, you should be in a totally relaxed state. It helps you release the hormone oxytocin that stimulates your let-down reflex for milk ejection. So, sit back on your favourite couch while listening to your favourite tunes, try deep breathing exercises or get your partner to give you a massage!
- The device comes with a massage function that you may use (1 - 3 mins) before pumping. This allows you to release the hormone oxytocin and increase milk production.
- Clean regularly. Clean any pump parts that have been in contact with your breast milk and wash your hands before and after use.
- Choose the right optimum suction level. Gradually increase the breast pump suction until it becomes slightly uncomfortable, and then turn it down a notch. The pump will resume from the last used suction level when restarted.
- Since this is a wearable breast pump, please ensure that you use a proper nursing bra.

①

### PRODUCT DESCRIPTION

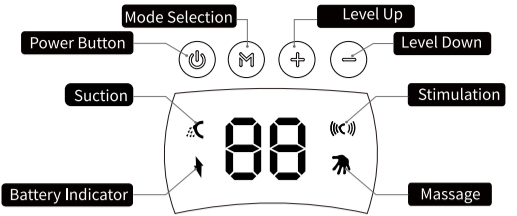


### Accessories include

1M Type-C cable x 1	Bra adjustment buckle x 1
Diaphragm Cover x 1	Silicone Breast Shield x 1
Pump Motor x 1	Linker x 1
Milk collector x 1	Silicone Sealing Pad x 1
Silicone Diaphragm x 1	Silicone Valve x 1

②

### CONTROL PANEL



Follow the principle of massage first, then deep pumping.

### 3 Modes

- Massage function: 9 levels  
(Massage first to stimulate milk production.)
  - Suction function: 9 levels  
(Please choose the optimum level, the pumping mode is designed for slow suction, deep suction.)
  - Stimulation: 3 levels  
(Massage and suction used simultaneously which is excellent for sunken nipples or first-time new mother, open milk adopts 3+1 mode, 3 short-frequency massages and 1 deep suction.)
- Turn on/off: Press and hold the power button (⏻) for 3 seconds.  
Mode Change: Press the mode key (M)  
Level change: Press the (+) and (-) to increase or decrease level.

### Battery and Charging Indicator

- Flash Red: Low battery (requires charging)
- Solid White: The battery is fully charged (flashes red while charging)
- Auto-off: The pump will auto-off every 30 minutes

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### CLEANING INSTRUCTIONS

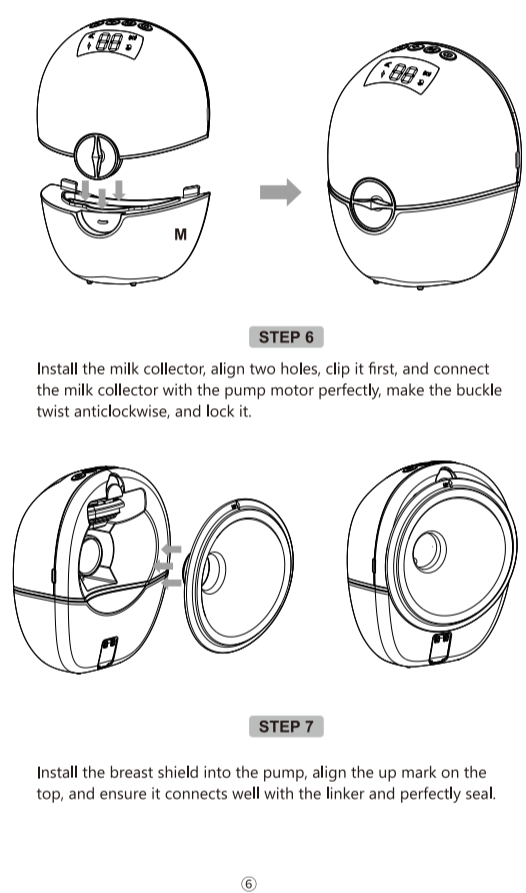
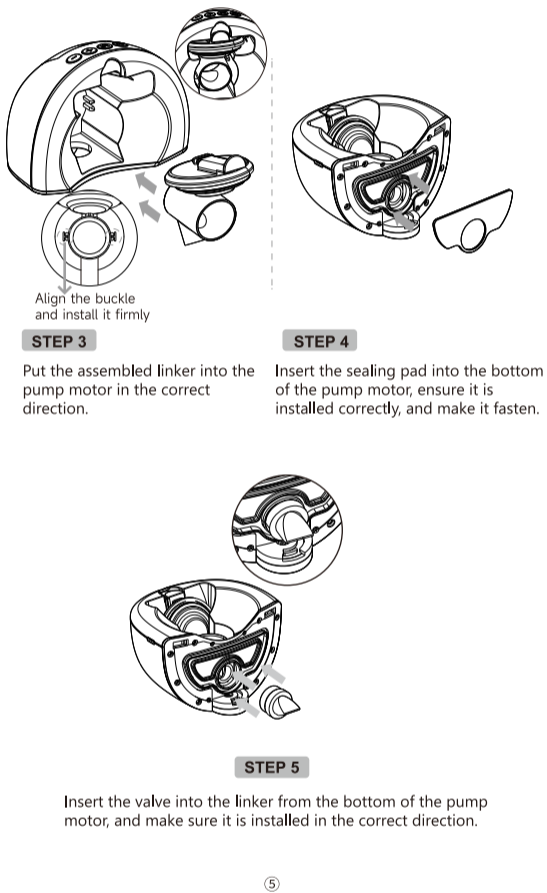
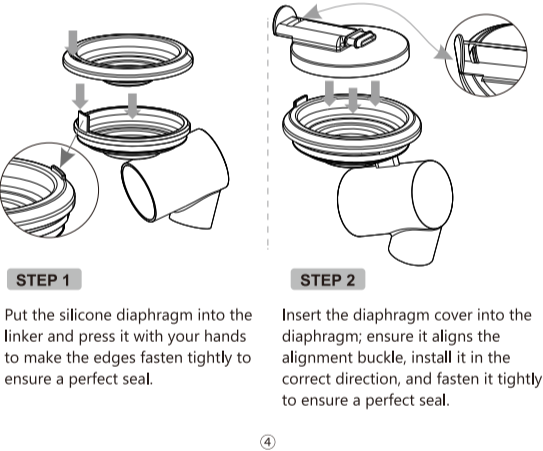
#### Before Use

- 1 Remove the pump motor.
- 2 Place all the silicone parts in boiling water for 3 to 5 minutes.
- 3 Wash the milk collector and Linker with warm soapy water and rinse well.
- 4 Wipe down the parts with cloth or air dry before use.

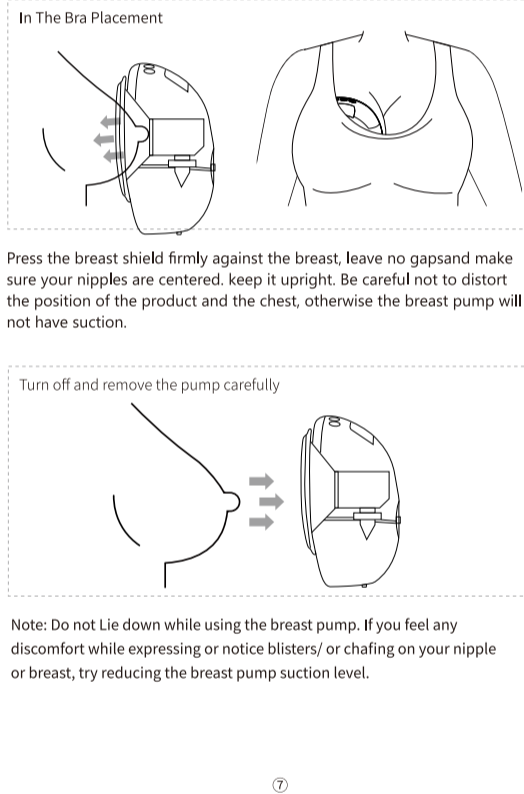
#### After Use

- 1 Rinse the milk collector, valve and Linker immediately after use.
- 2 Place all the silicone parts in boiling water for 3 to 5 minutes.
- 3 Wipe down the parts with cloth or air dry before storage.
- 4 Do not submerge electrical device in water.

### ASSEMBLY

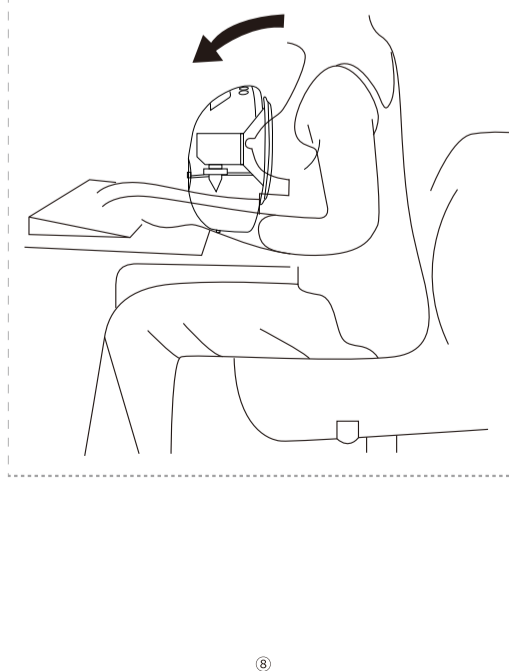


### DIRECTION FOR USE



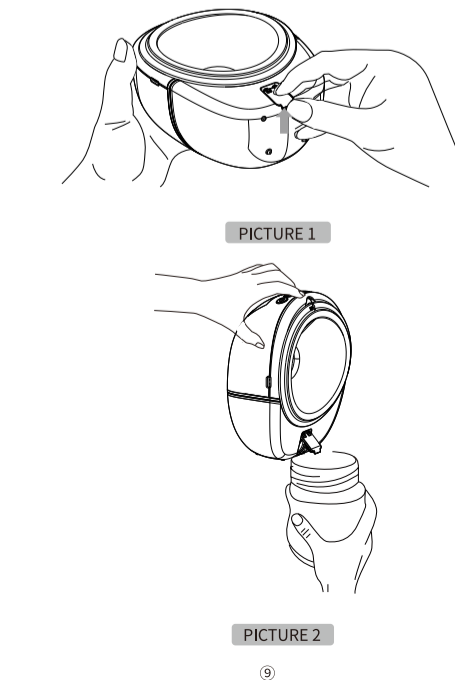
### SITTING POSITON FOR SUCTION

Relax the body, sit in a comfortable chair and lean slightly forward (use cushion to support back). Make sure to keep the breast pump and milk collector upright.



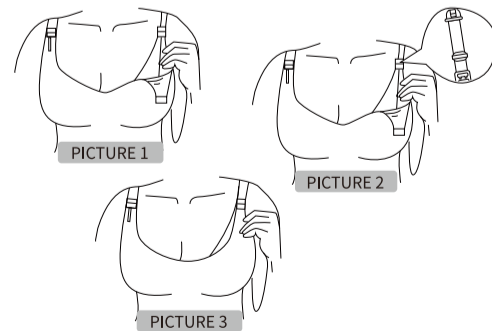
### POUR MILK

Remove the breast pump from the body carefully, keep the breast pump thwartwise and the gap upright before opening the gap, then pour the milk into the bottle, ensuring the gap of the milk collector against the bottle mouth.



### INSTRUCTIONS FOR BRA ADJUSTING BUCKLE

Adjust the length of bra straps, make suction more comfortable. One end of the bra adjustment buckle hung on the inside buckle of nursing bra. The length of the bra strap can be adjusted by hanging the nursing bra buckle on the other end of the bra adjustment buckle.



### TROUBLESHOOTING

Weak or No Suction	1. Check that the valve is properly installed. 2. Charge the device before use. 3. Check that the product is placed correctly, otherwise the breast pump will not have suction.
Nipple pain	1. Massage first and adjust the comfortable suction level. 2. Seek a lactation consultant or breastfeeding specialist for advice.
No / little milk expressed	1. Find yourself in a comfortable position. 2. If you've been pumping for 5-10 minutes, take a break and try again at the right time. 3. Ensure optimum suction level during use. 4. Relax and try again.

### REMOTE CONTROLLER INSTRUCTIONS

Ensure the breast pump is correctly inside the nursing bra and connected to the breast well. Aim at the receiver above the host and press the remote's ON/OFF (⏻) button to start the machine. Switch the mode freely by pressing the mode selection (M) button and increasing (+) or decreasing (-) the working levels. After use, press the ON/OFF button to turn it off.

Remarks: The remote control is an additional control tool. If the remote control is damaged or lost, the breast pump can still be used just right, controlled by the buttons on the breast pump motor.

